

### **Student Health History and Medication Authorization Information**

### Dear Kindergarten Parent:

Welcome to kindergarten in Everett Public Schools. The health and safety of your child is of highest priority to us. For this reason, we have a team of experienced and skilled registered nurses (RNs) who oversee health services in the schools. We also have health room assistants (HRAs) in each school, who function under the supervision of the registered nurse, to attend to the daily health needs of all students. The RN is always available for consultation for health issues that arise. The school's HRA or office manager can assist in scheduling a time for you to discuss your child's health issue with the RN.

# **Annual Health History Form**

To ensure the safety of your child, we require an Annual Health History Form each school year. A copy is included in this enrollment packet. We strongly recommend that you provide us any health information or health concerns on this form. Information on this form is kept confidential and is used by our RNs to determine the health needs of your child.

### Does your child have a life-threatening health condition?

Washington State defines a "life-threatening condition" as a health condition that will put the child in danger of death during the school day if a medication or treatment order and a nursing health care plan are not in place. Examples of health conditions considered life-threatening include any allergy requiring epinephrine, asthma, diabetes, and/or a seizure disorder. The following is a list of requirements that a child with a life-threatening health condition must have in place before they can attend school, which includes attendance at Everett Ready in August:

- A completed Medication Authorization Form signed by the child's medical provider, and/or
- A completed Treatment Authorization Form signed by the child's medical provider, and
- A completed nursing health care plan individualized to your child.
- A supply of the ordered medication, in its original and properly labeled container.

# My child needs medication(s) at school. What do I need to do?

Under normal circumstances medication should be dispensed before and/or after school hours under the supervision of the parent or guardian. Medication is defined as any medication prescribed or non-prescribed; including over-the-counter items, vitamins, homeopathic, creams and/or oils. Medication should be given at school only when absolutely necessary. If a student has a valid health reason which requires medication administration during the hours when school is in session, the parent/guardian must:

- Submit a completed Medication Authorization Order Form to the school health room.
- Supply the ordered medication in its original and properly labeled container.

As a reminder, no medication can be given at school without meeting the above requirements.

We welcome any questions about health issues and urge you to contact your school if you would like to speak with your school's nurse. Additionally, please notify your child's school throughout the year regarding any change in contact numbers or health conditions.

#### Sincerely,

The Everett Public Schools Health Services Team